



Week 3: W.C 08.11.2021				
Day	Main Cooked Meal	Main Vegetarian Meal	Main Meal Alternative	Puddings
Monday	Barbeque chicken pizza with potato wedges and salad	Vegetarian barbeque pizza with potato wedges and salad	Ham and/or cheese panini	Banana sponger, or, Flapjack
Tuesday	Shepherds pie with vegetables	Lentil and vegetable shepherds pie with vegetables	Egg wrap with salad	Chocolate chip cookie, or, Fruit cocktail
Wednesday	Gammon, chips and baked beans	Vegetable pasta bake	Gammon roll	Cornflake tart, or, Jam tart
Thursday	Chicken and vegetable noodles with crackers	Vegetable noodles with crackers	Ham and/or cheese sandwich	Chocolate brownie, or, Oat cookie
Friday	Peperoni pasta bake with corn on the cob	Jacket potato with cheese, baked beans and/or salad	Cheese toastie	Jam and coconut sponge, or, Chocolate muffin





Week 4: 15.11.2021				
Day	Main Cooked Meal	Main Vegetarian Meal	Main Meal Alternative	Puddings
Monday	Jacket potato with tuna mayonnaise	Jacket potato with baked beans, cheese and/or salad	Jacket potato with cheese and bacon	Shortbread, or, Bananas and custard
Tuesday	Toad in the hole with mashed potato and vegetables	Vegetarian toad in the hole with mashed potato and vegetables	Sausage sandwich	Iced sponge, or, Rice crispy cake
Wednesday	Pork roast dinner	Quorn roast dinner	Pork Bap	Jelly, or, Chocolate Cookie
Thursday	Spaghetti Bolognese with garlic bread	Quorn Bolognese with garlic bread	Ham and/or Cheese Baguette	Flapjack, or, Fruit cocktail
Friday	Chicken burger, chips and salad	Vegetarian burger, chips and salad	Egg wrap	Muffin, or, Cupcake





Week 5: W.C 22.11.2021				
Day	Main Cooked Meal	Main Vegetarian Meal	Main Meal Alternative	Puddings
Monday	Chilli macaroni bake and sweetcorn	Vegetable Bake	Jacket potato cheese and/or baked beans	Jam and coconut sponge, or, Jam puffs
Tuesday	Brunch lunch	Vegetarian brunch	Chicken and salad baguette	Cornflake tart, or, Crispy cake
Wednesday	Macaroni cheese and garlic bread		Egg wrap	Muffin, or, Shortbread
Thursday	Creamy chicken and mushroom pie with new potatoes and vegetables	Mushroom risotto and vegetables	Cheese sandwich	Chocolate cupcake, or, Chocolate cookie
Friday	Barbeque pulled pork baps, wedges and sweetcorn	Barbeque Quorn chicken baps, wedges and sweetcorn	Ham baps	Jelly, or, Fruit and cream





Week 6: W.C 29.11.2021					
Day	Main Cooked Meal	Main Vegetarian Meal	Main Meal Alternative	Puddings	
Monday	Cheese and tomato swirls, wedges and sweetcorn		Chicken mayonnaise baguette	Smarties cookie, or, Sultana shortbread	
Tuesday	Meatball subs with salad and/or coleslaw	Vegitarian subs with salad and/or coleslaw	Cheese and onion toastie	Sponge cake and custard, or, Oat biscuit	
Wednesday	Gammon, chips and baked beans	Cheese quiche, chips and baked beans	Jacket potato with cheese and/or baked beans	Chocolate brownie, or, Fruit cocktail	
Thursday	Cottage pie and vegetables	Lentil and vegetable cottage pie	Egg wrap	Meringue and cream, or, Ginger cookie	
Friday	Chicken lasagne with salad and garlic bread	Vegetarian lasagne with salad and garlic bread	Ham sandwich	Jelly, or, Flapjack	





Week 7: W.C 06.12.2021					
Day	Main Cooked Meal	Main Vegetarian Meal	Main Meal Alternative	Puddings	
Monday	Barbeque chicken pizza with potato wedges and salad	Vegetarian barbeque pizza with potato wedges and salad	Cheese toastie	Banana sponge, or, Smarties cookie	
Tuesday	Toad in the hole with mashed potato and vegetables	Vegetarian toad in the hole with mashed potato and vegetables	Sausage bap	Jam puff, or, Apple turnover	
Wednesday			Ham baguette	Oat cookie, or, Banana and custard	
Thursday	Beef and mushroom pie, potatoes and vegetables	Cous Cous filled pepper, new potatoes and salad	Egg Wrap	Iced cupcake, or, Ginger biscuit	
Friday	Chicken burger, chips and baked beans	Vegetarian burger, chips and baked beans	Jacket potato with cheese and/or beans	Flapjack, or, Jelly	