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| **LUNCH MENU AUGUST - OCTOBER 2021** |



 **WEEK THREE: WB- 13th September and 4th October**

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|  | |  | | --- | | Monday | | |  | | --- | | Tuesday | | |  | | --- | | WEdNESDAY | | |  | | --- | | THURSDAY | | |  | | --- | | FRIDAY | |
| MAIN  COURSE | Crispy chicken mini fillets | Sausages & Yorkshire pudding with onion gravy | Beef chilli con carne  with nachos | Chicken wrapped in bacon with cheese | Oven baked  Fish fingers |
| VEGETARIAN COURSE | Homemade Cheese, onion & potato pie | Tomato pasta bake with garlic bread slice | Baked potato with cheese, beans & side salad | Vegetable and cous cous stuffed pepper | Spicy bean burger in a bun |
| SIDES | Skinny fries  Spaghetti hoops  Garden peas | Roast potatoes  Broccoli  Sweetcorn | Pilau rice  Sliced green beans | Mashed potatoes  Carrots  Cabbage | Chips  Peas  Baked beans |
| sandwiches | Gammon ham  cheese | Roast chicken  Cheese & onion mayo | Egg mayo  Tuna & sweetcorn mayo | BBQ chicken    Cheese | Cheese salad  Tuna mayo |
| sweet choices | Jam & coconut sponge & custard  Jelly  Fresh fruit  yoghurt | Rhubarb & apple crumble  & custard  Jelly  Fresh fruit  yoghurt | Double chocolate chip muffin    Jelly  Fresh fruit  yoghurt | Danish Apple cake  & custard  Jelly  Fresh fruit  yoghurt | Iced coffee cake  Jelly  Fresh fruit  yoghurt |